



# The Seated Soldier Study: Posture and Body Shape in Vehicle Seats

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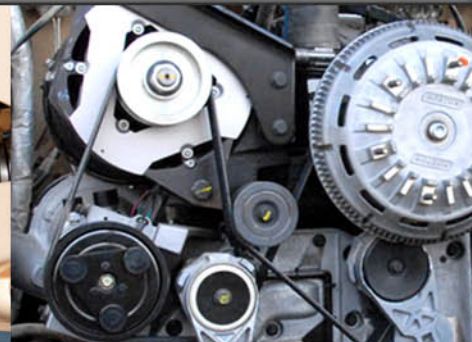
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**University of Michigan**

**Transportation Research Institute**

**28 January 2014**



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## Background

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- Current and future vehicle programs face major challenges in providing adequate accommodation for soldiers while ensuring performance and safety
- Current MIL-STD 1472g lacks detailed information on soldier posture and body shape, including the effects of personal protective equipment (PPE) for seat and vehicle interior layout
- Current design guidance is based on outdated anthropometry
- Previous studies of seated anthropometry have not included the effects of PPE on posture and body shape
- Detailed anthropometric data needed for the design of human surrogates used for blast protection assessments.





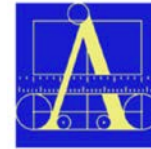


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Partners  
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Methods and apparatus  
Project organization  
Data processing and analysis



**ANTHROTECH**  
PROVIDING HUMAN DIMENSIONS FOR DESIGN SOLUTIONS

Staffing data collection  
Preliminary data processing  
Quality checks



Funding  
Coordinating access to facilities  
Applications



**Automotive Research Center**

*A U.S. Army Center of Excellence for Modeling and Simulation of Ground Vehicles  
led by the University of Michigan*

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## Objectives

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1. Gather detailed data on the **postures of soldiers with a wide range of body sizes sitting in military vehicle seats** as drivers and passengers with and without protective equipment and with and without protective footrests.
2. Gather detailed data on the **position and space requirements for body armor and other gear** in both standing and seated postures.
3. Gather quantitative data on the **locations of protective equipment relative to the soldier and vehicle seat** for use in human modeling and blast event simulation.
4. Develop data-based **tools to represent the postures, positions, and body size** (space claim) for soldiers as drivers and passengers in tactical vehicles as a function of occupant and vehicle characteristics.





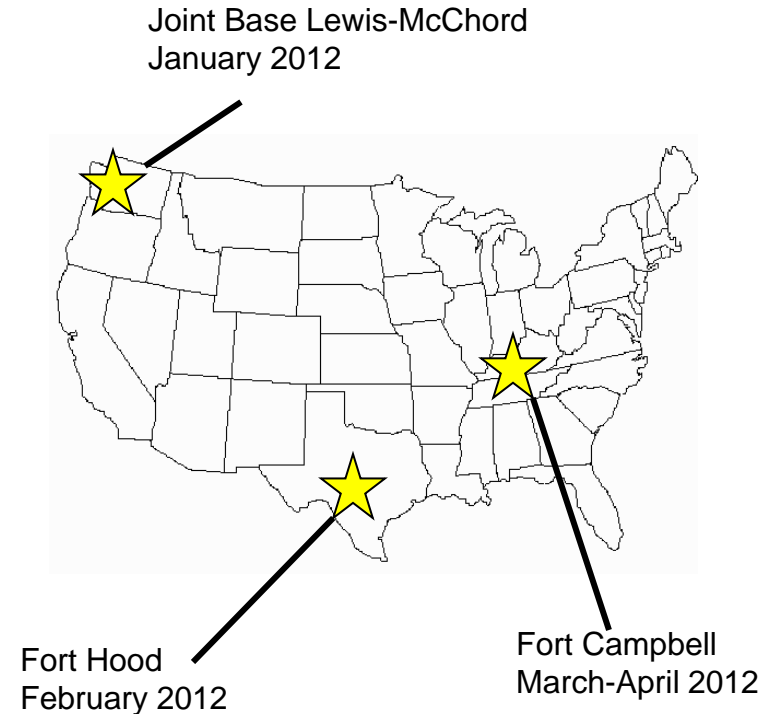
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## Test Plan

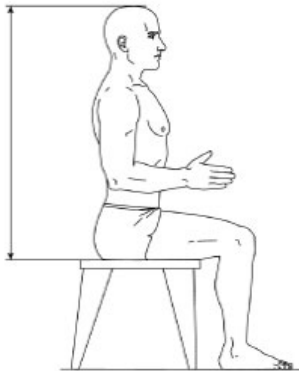
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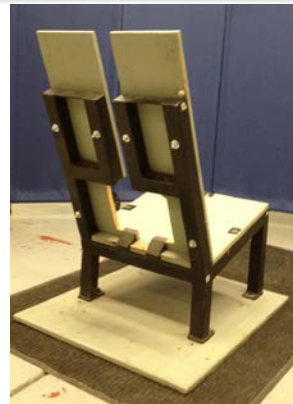
- Data collection January – April 2012 at three Army posts: Joint Base Lewis-McChord, Ft Hood, Ft Campbell
- Goal was to measure 300 soldiers with a wide range of body size, including as many women as possible
- Data collection conducted by subcontractor Anthrotech, Inc., which is providing six trained staff
- Substantial additional coordination by TARDEC and the data collection sites



## Standard Anthropometry



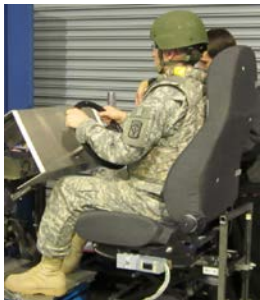
## Hardseat Body Landmarks



## Whole-Body Scanning



## Driving Postures



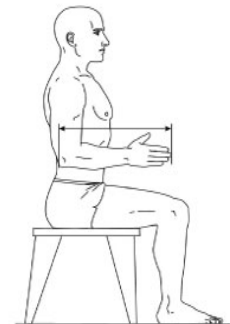
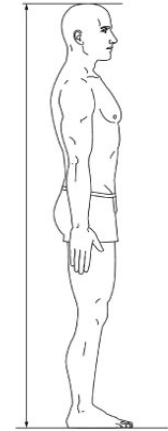
## Squad Postures



**Four Garb Levels: minimal, ACU, armor, encumbered**



- Using ANSUR II methods\*
- 36 dimensions
- Focus on characterizing subjects relative to ANSUR II
- Minimal garb only



\*ANSUR II is the most recent, large-scale Army anthropometry study

Standard Anthropometric Dimensions



- Steering wheel, pedals, adjustable seat (fore-aft, up-down, back angle)
- Range of vehicle packages (steering wheel-to-pedal relationships) representing different vehicle types
- Driver adjusts seat to obtain comfortable posture
- Body landmarks defining posture measured using FARO Arm coordinate digitizer
- Garb: ACU, armor, encumbered (not all configurations at all garb conditions)



- Fixed seat (no sitter adjustments)
- Range of seat height, seat cushion angle, seat back angle, and foot position (including representation of protective footrest)
- Body landmarks defining posture measured using FARO Arm coordinate digitizer
- Garb: ACU, armor, encumbered (not all configurations at all garb conditions)





- Standing and erect sitting postures for reference to other datasets
- Supported sitting postures spanning the range of driver and crew postures
- Garb: minimal, BDU, armor, encumbered (not all postures in all garb conditions)







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# Laser Scanning

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## Overview of Data

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- 310 soldiers total (53 female); **not all soldiers in all conditions**
- Standard anthropometry (36 dimensions)
- Hardseat anthropometry: 3D body landmarks in a standardized seated posture (all soldiers)
- Body landmarks, seat position, and seat back angle in **5 driver conditions** (83 soldiers) in ACU; one package condition included ACU, PPE, and ENC (143 soldiers)
- Body landmarks in **4 squad conditions** (up to 140 soldiers per condition); two conditions included ACU, PPE, and ENC.
- Whole-body surface (scan) data in up to **18 postures** in scanwear (minimally clad). Up to 10 postures in ACU & PPE, 5 postures ENC. **A total of 8207 scans processed.**



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## Subject Pool

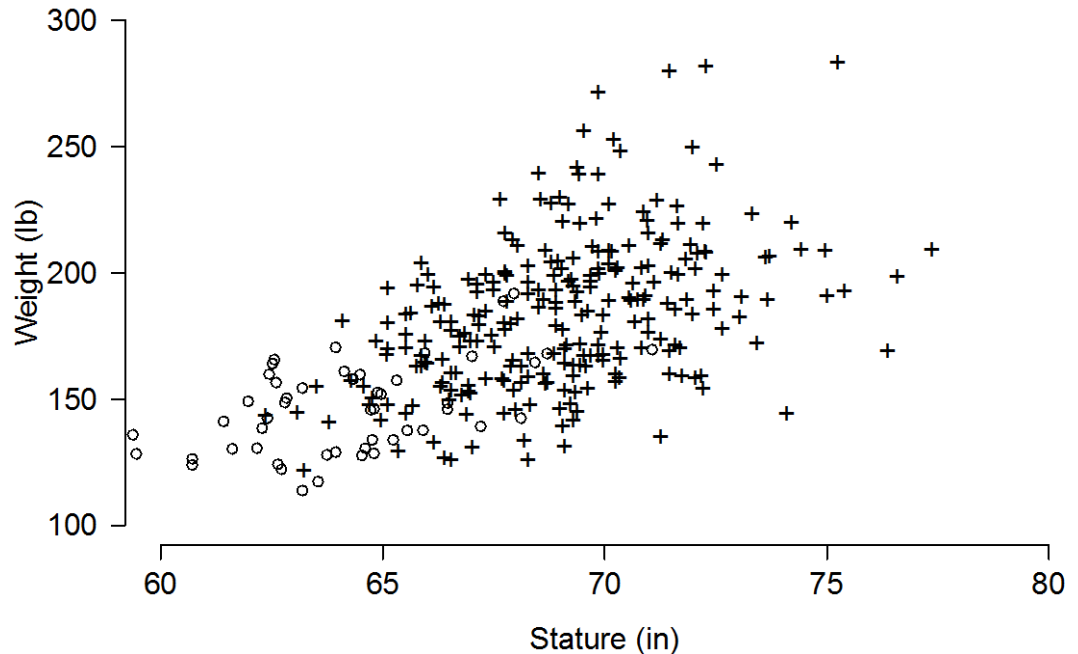
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**310 soldiers measured**

257 men (83%)

53 women (17%)

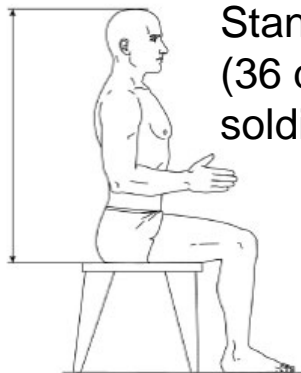


### Male Anthropometry Summary

	5 <sup>th</sup> %ile	50 <sup>th</sup> %ile	95 <sup>th</sup> %ile
Seated Soldier			
Stature (mm)	1654	<b>1755</b>	1866
Weight (kg)	63.6	<b>82.4</b>	104.3
BMI (kg/m <sup>2</sup> )	21.0	26.7	33.8
ANSUR II Pilot			
Stature (mm)	1643	<b>1755</b>	1872
Weight (kg)	63.9	<b>84.2</b>	110.7



## Standard Anthropometry



Standard anthropometry  
(36 dimensions, all  
soldiers)

## Hardseat Body Landmarks



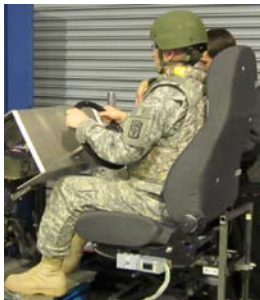
Hardseat  
anthropometry: 3D  
body landmarks in a  
standardized seated  
posture (all soldiers)

## Whole-Body Scanning



Whole-body surface  
(scan) data in up to **18  
postures** in scanwear  
(minimally clad). Up to 10  
postures in ACU & PPE, 5  
postures ENC. **A total of  
8207 scans processed.**

## Driving Postures



Body landmarks, seat position,  
and seat back angle in **5 driver  
conditions** (83 soldiers) in ACU;  
one package condition included  
ACU, PPE, and ENC (143  
soldiers)

## Squad Postures

Body landmarks in **4 squad conditions**  
(up to 140 soldiers per condition); two  
conditions included ACU, PPE, and  
ENC.





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## Primary Results

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- Statistical posture-prediction models for **driver** and **squad**, including the effects of PPE and ENC.
- Analysis of space claim changes with PPE and ENC.
- Statistical model of **male** body shape, **standing**.
- Statistical model of **male** body shape, **seated**.
- Statistical model of **female** body shape, **standing** (incorporates civilian data to get adequate sample size)
- Space claim for encumbered soldiers

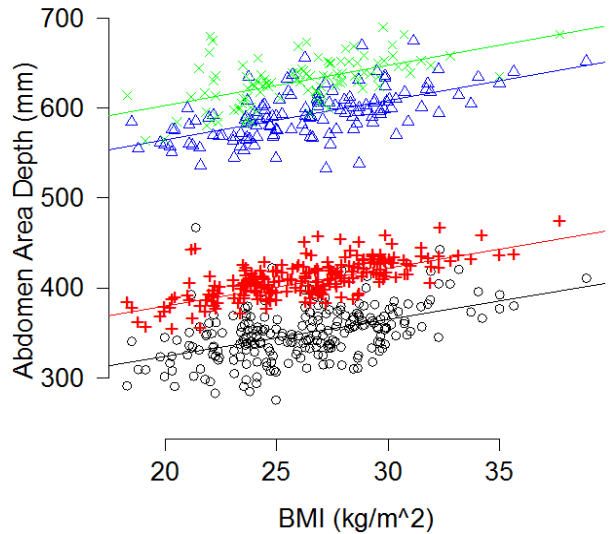




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# Encumbered Space Claim

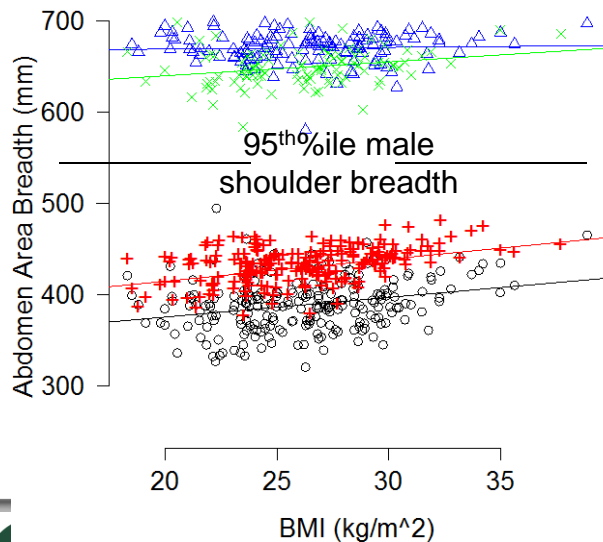
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SAW Gunner  
Rifleman

PPE  
ACU

**Fore-aft** space claim  
is *dependent* on BMI



**Lateral** space claim  
in the abdomen  
region is *independent*  
of body size



Abdomen Area Depth and Breadth

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## Harness Fit

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Lap portion of harness  
routed **UNDER** gear



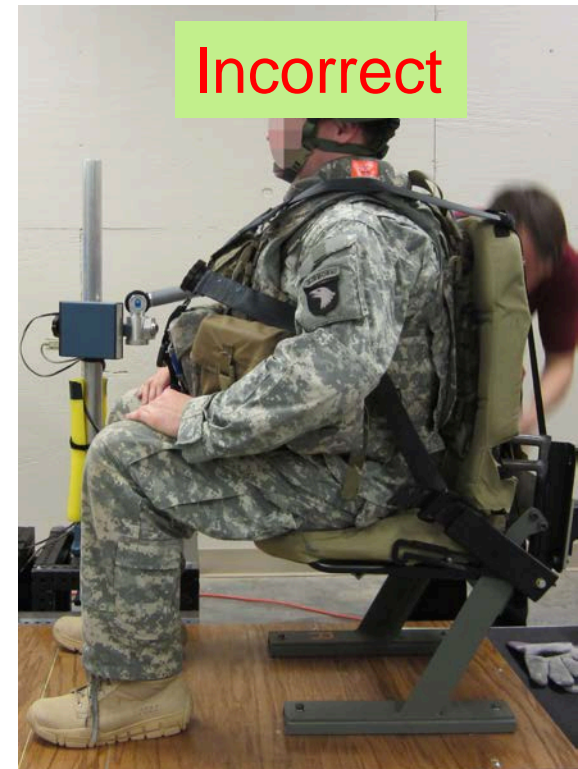
51%

Lap portion of harness  
routed **ON** gear



36%

Lap portion of harness  
routed **ABOVE** gear



13%

Results suggest an opportunity for  
improved training on harness use



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## Summary

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- The first large-scale study of Soldier posture and body shape in seated environments yielded data and models for a wide range of applications.
- Results are being integrated into both commercial tools (Siemens Jack model) and into TARDEC's internal design and assessment software.
- The design of the study and the models will allow the results to be reweighted to represent future Army populations
- The outcomes are already contributing to Army programs and will have increasing influence as the results are integrated into more tools and procedures.



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**Goal:** Predict driving posture

**Inputs:**

- steering wheel location re accelerator pedal
- driver stature, erect sitting height, body weight, and gear level (ACU, PPE, ENC)

**Outputs:**

- Seat position
- Seat back angle
- Hip location
- Eye location
- Body segment angles





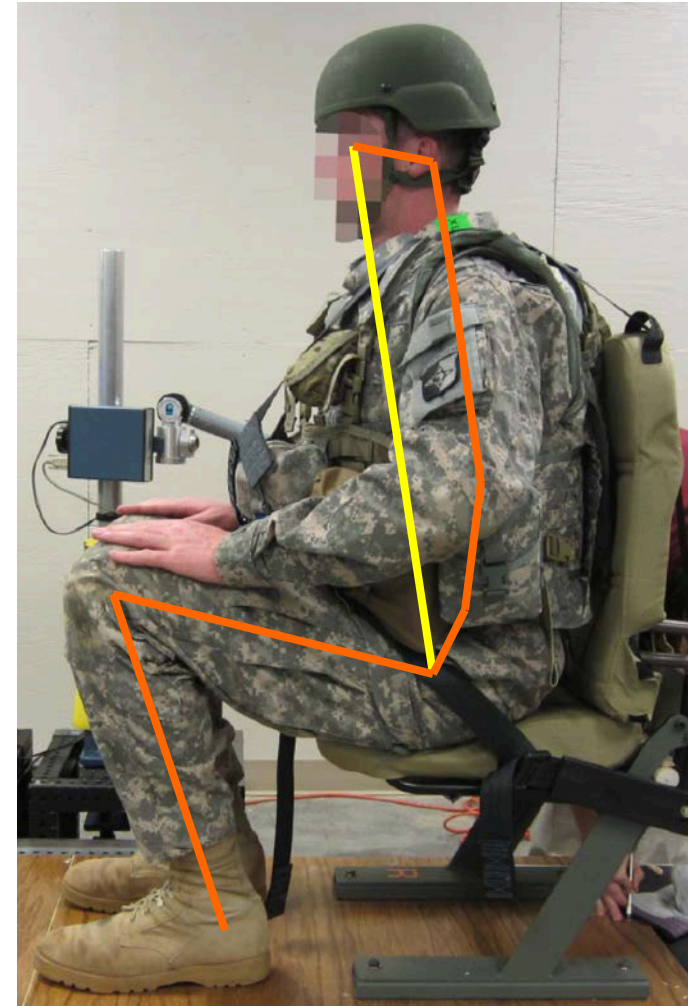
**Goal:** Predict squad posture

**Inputs:**

- seat height and back angle
- stature, erect sitting height, body weight, and gear level (ACU, PPE, ENC)

**Outputs:**

- Hip location
- Eye location
- Body segment angles

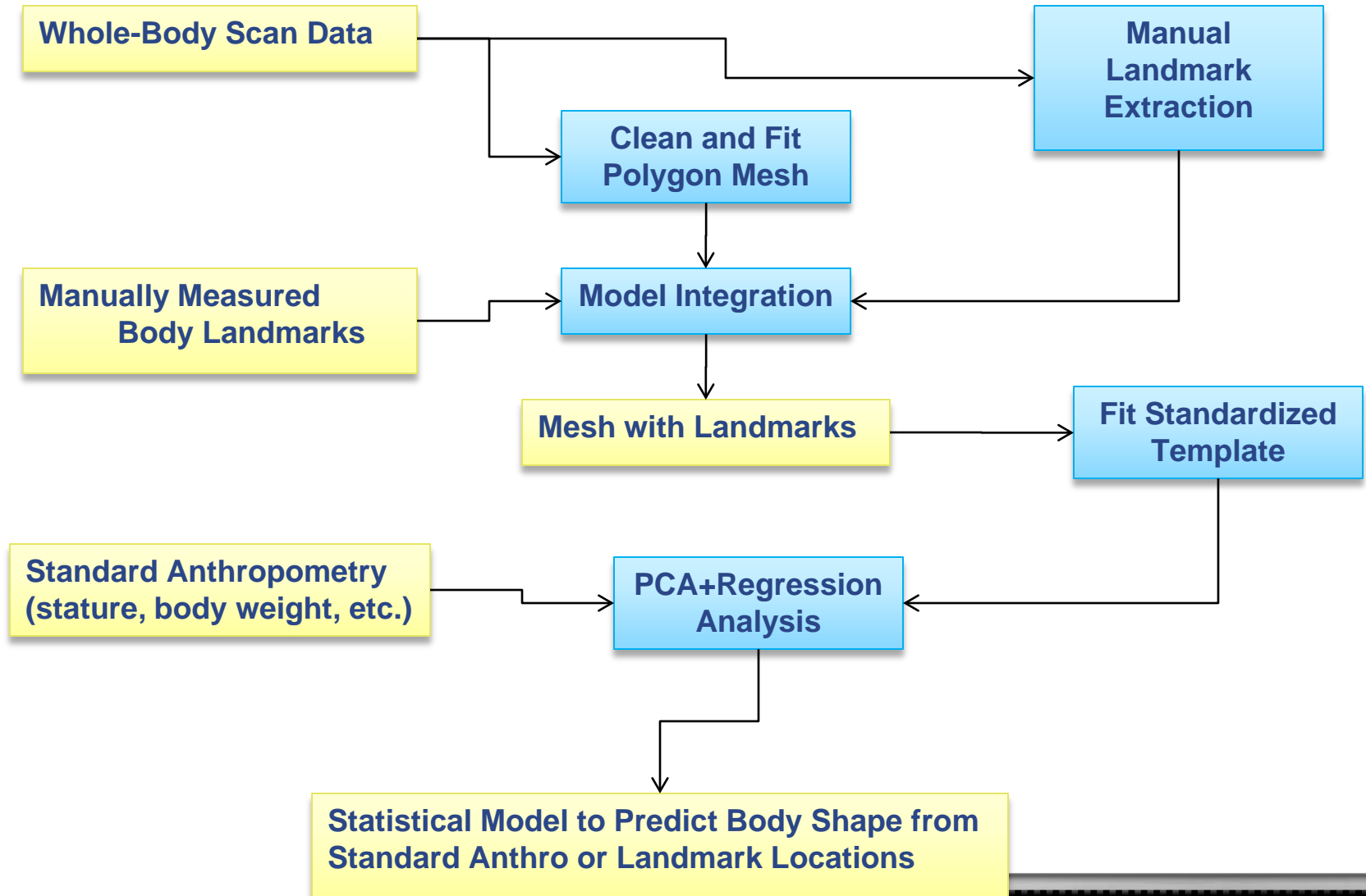




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# Body Shape Modeling

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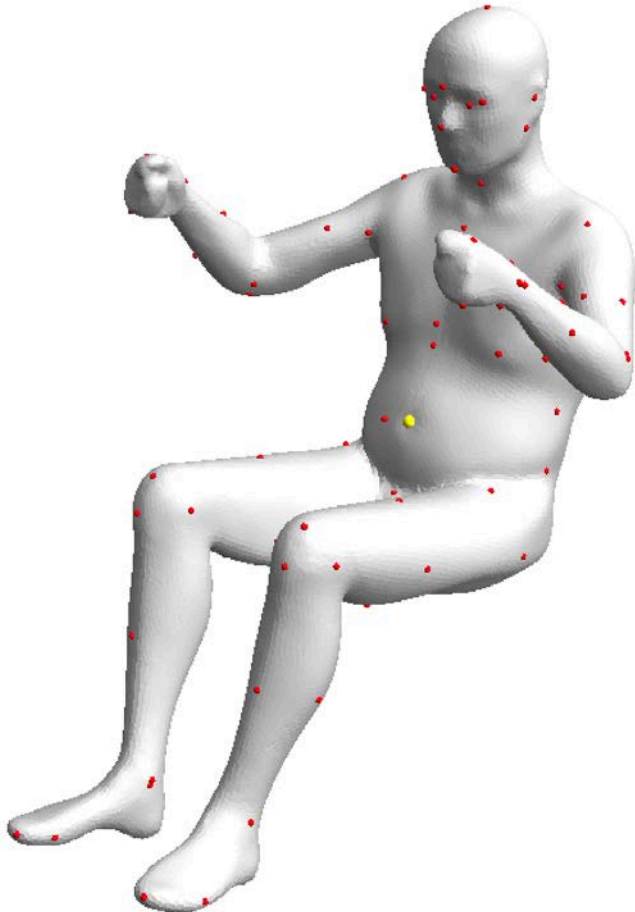




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## Process Overview: Scan Data

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Template for Seated Analysis  
showing 137 Landmarks  
68072 polygons, 34038 vertices



Template Fit to Data from a Scan  
(blue)

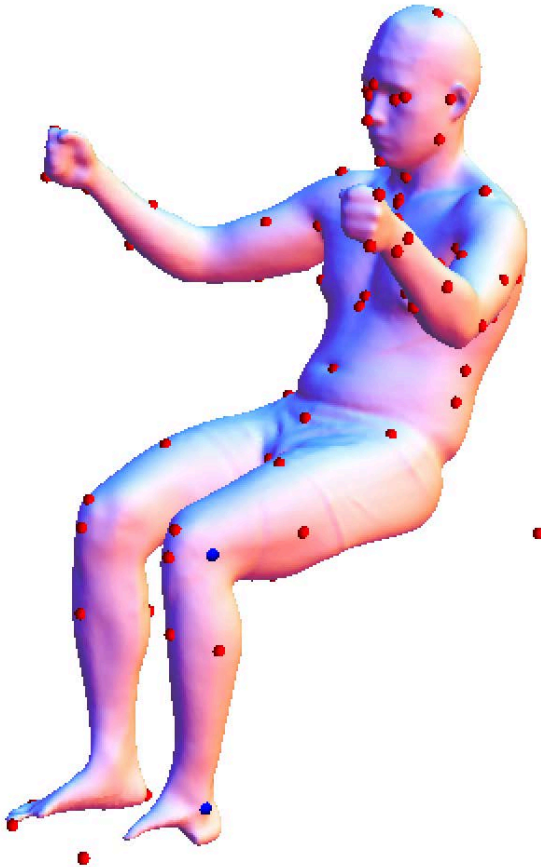




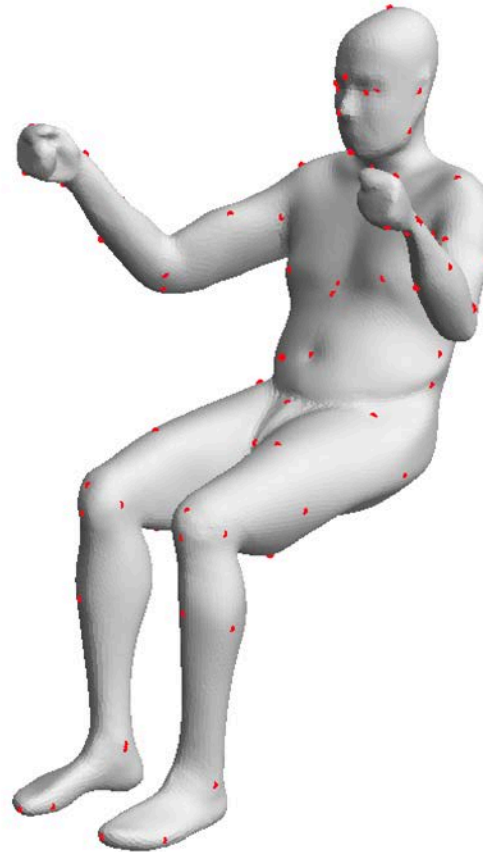
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## Process Overview: Scan Data

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Scanned Mesh and Landmarks



Landmark-Morphed Template



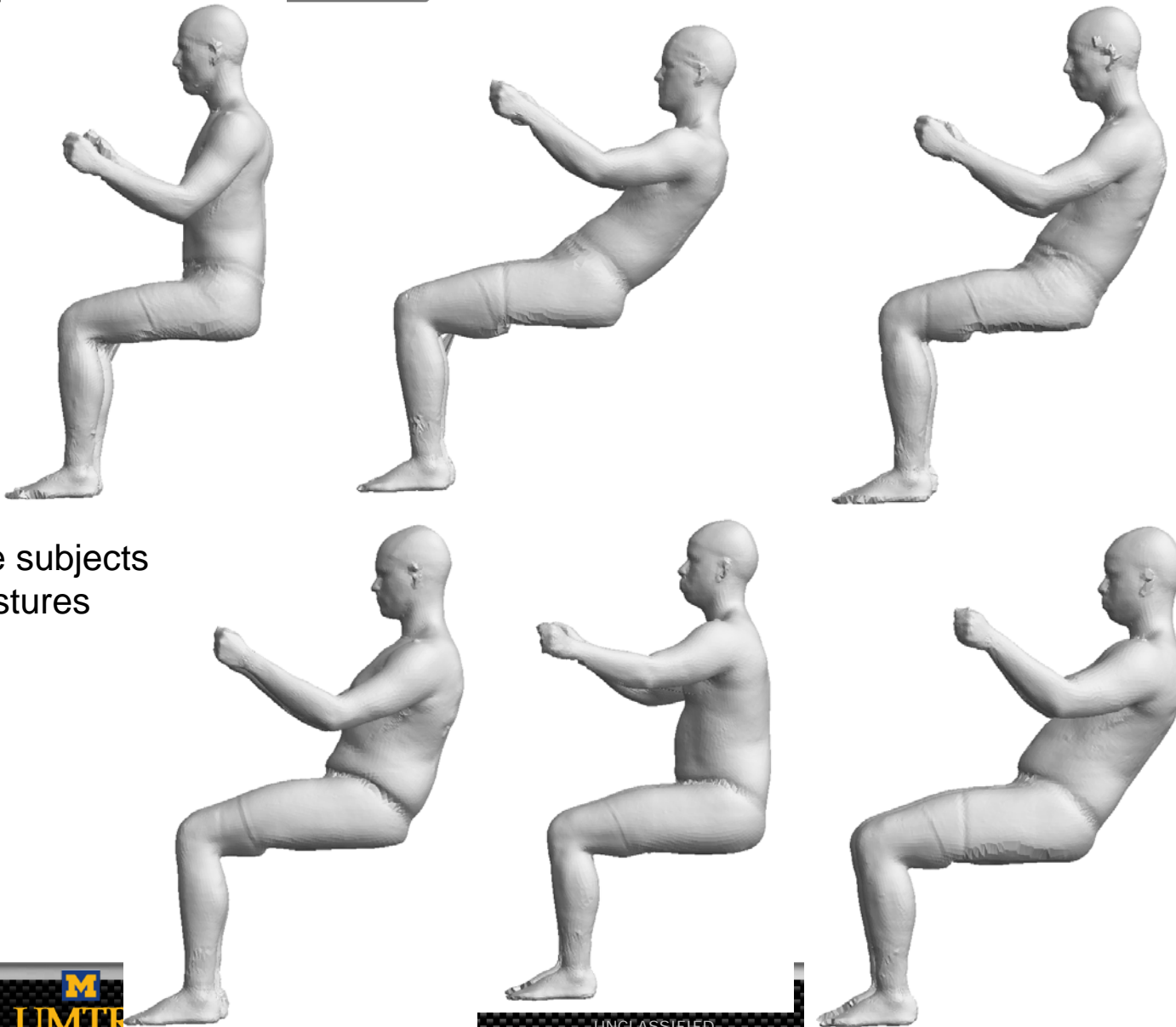
Fitted Scan



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## Process Overview: Template Fits

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Multiple subjects  
and postures



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## Output of regression model to predict seated body shape (based on 338 scans from 126 men)



Stature 1600 mm



Stature 1900 mm

Median US Male  
Stature 1755 mm  
BMI 27.3 kg/m<sup>2</sup>



BMI 18 kg/m<sup>2</sup>



BMI 40 kg/m<sup>2</sup>





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## Posture and Body Shape

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### Output of regression model



Torso Recline



Torso Flexion



Random Simulated Men



## Purpose:

1. Develop an improved blast test manikin that incorporates the medical research which provides an increased capability to measure and predict skeletal occupant injury during Under Body Blast events.
2. Conduct cadaveric research to establish a scientific and statistical basis for evaluating **SKELETAL** injuries to occupants during Under Body Blast events.

## Outcomes:

1. Improved prototype blast test manikin that incorporates the medical research which provides an increased capability to measure and predict occupant injury during Under Body Blast events
2. A medically validated set of skeletal injury criteria for occupant injury during blast events
3. Human response curves that inform the concurrent design and biofidelity of the blast test manikin

Body landmark and surface-scan data from 126 Soldiers were analyzed to create a complete 3D representation of the body shape and joint locations of a "50<sup>th</sup>-percentile" male Soldier.

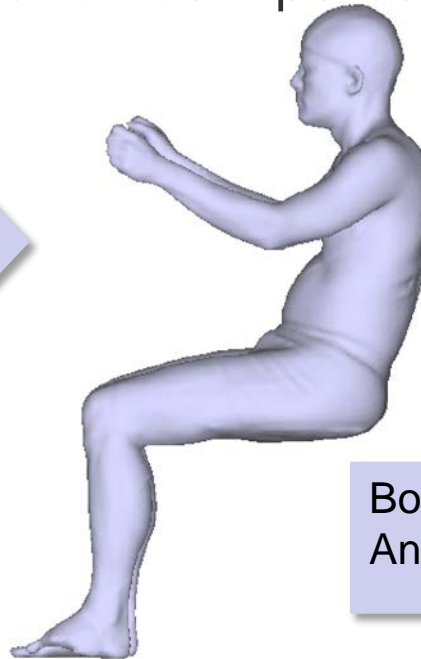


Body landmarks measured in reference seating condition

Posture Analysis



Skeletal geometry measured in "hardseat"



Whole-body shape in 4 seated postures from laser scanning

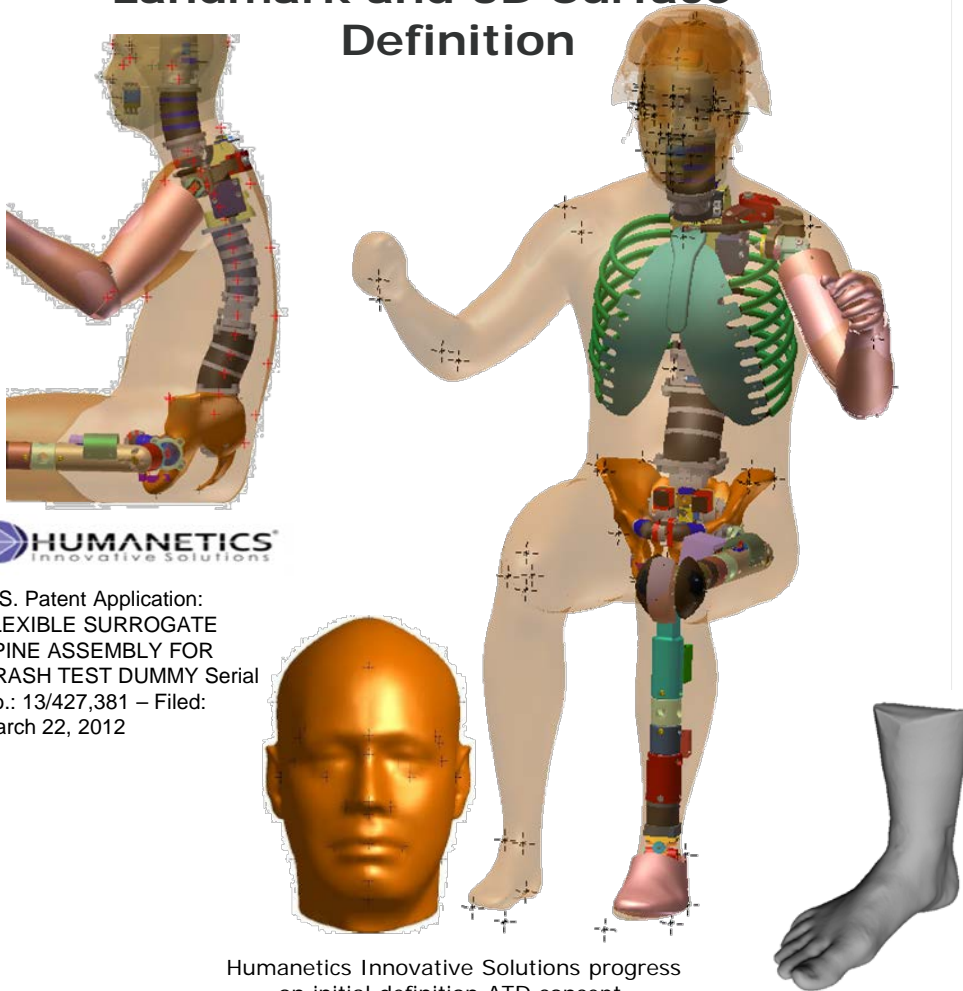
Body Shape Analysis



WIAMan  
Anthropometry  
Specification



## WIAMan Design Development Landmark and 3D Surface Definition



## Anthropometric and Postural Requirements for Live Fire & Lab Experiments



Positioning photo from testing.

## Army translation of ARC research

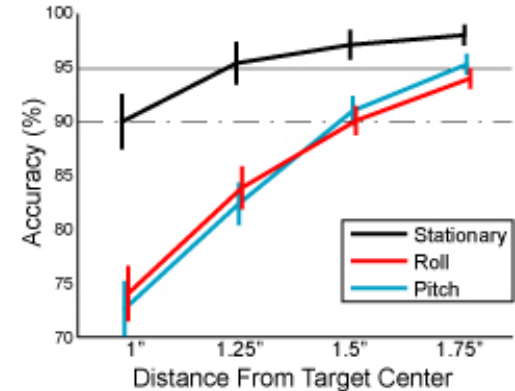
- Reach motion
- Ingress/egress
- Encumbered manikins

## Army needs and current limitations

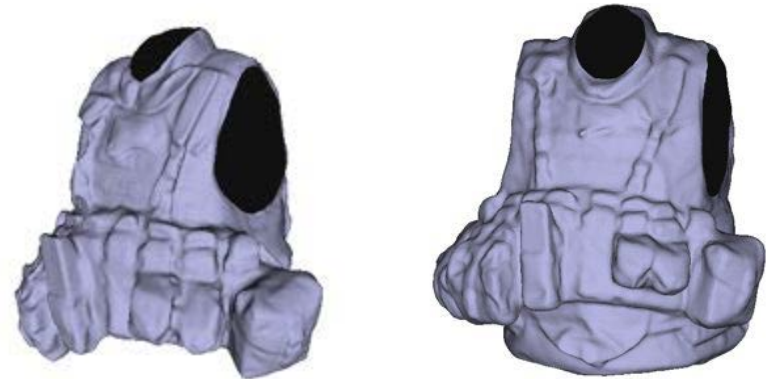
- Vehicle modifications(e.g. seats, windows)
- Comfort and reduced fatigue
- Validated models with motion
- Ingress/egress in rollover

## Digital Human Model tools

- Jack
- Pro-E
- Geometry can be incorporated in other products



All applications require accurate advanced body shape and encumbered manikins.



Polygonal models created for IOTV, SAW gunner, rifleman ensembles in S, M, L, XL, 2XL



Default “clothed” Jack v7 figures





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## Applications: Ergonomic Manikins

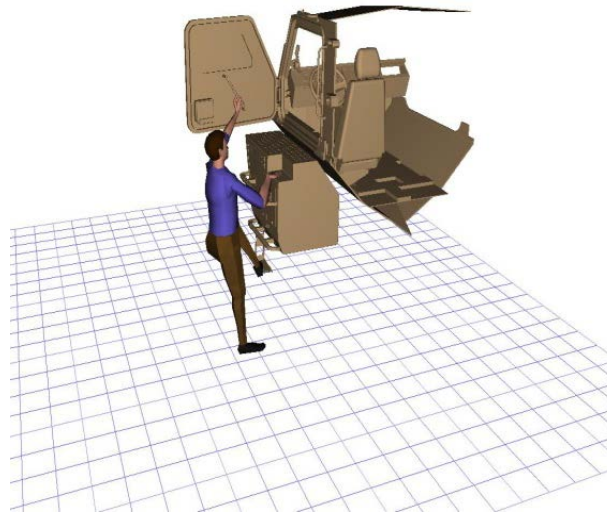
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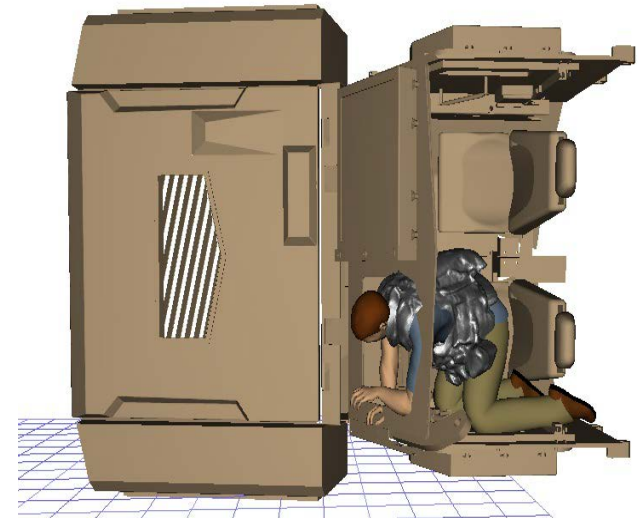
# Ingress/Egress Simulations Using ARC Research



**Soldier Ingress  
Video Capture**



**Jack Model w/  
HUMOSIM Framework  
No encumbrance**



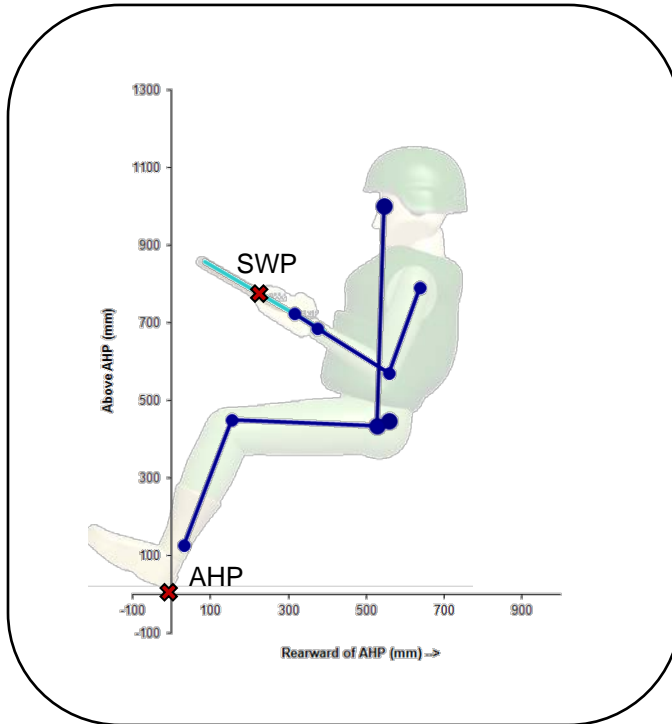
**Rollover Egress  
Thru Windshield  
w/ encumbrance**

## Occupant Centric Platform (OCP) Technology Enabled Capability Demonstration (TECD)



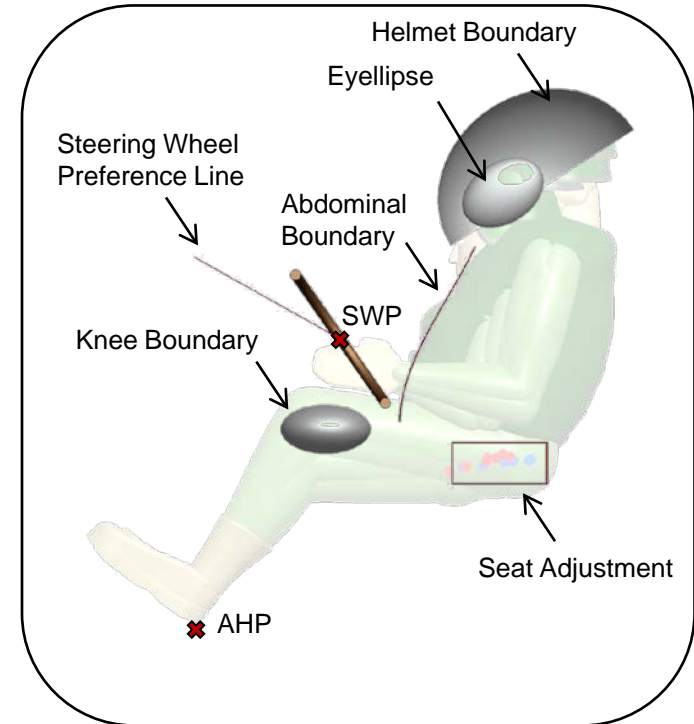
Challenge: Formulate an S&T program to make improvements to existing platforms or develop new platforms that provide appropriate increased protection from current and emerging threats and optimal space allocation for Soldiers and their gear...

OCP TECD is representing Soldiers in Pro/E with seven Digital Human Models (DHMs)



**Posture Prediction Tool**

- Predicts nominal positions of individuals
- Aids in visualizing Soldiers in vehicles

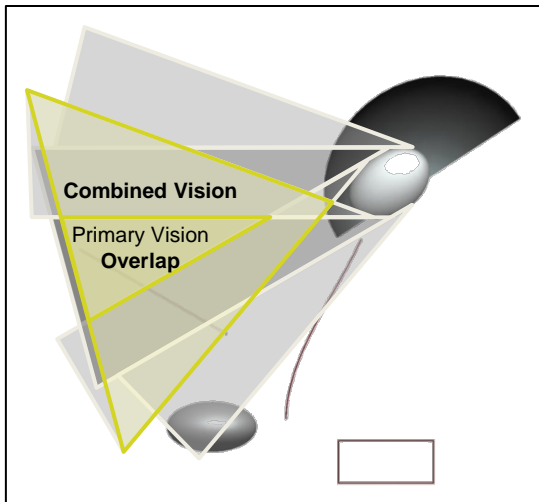
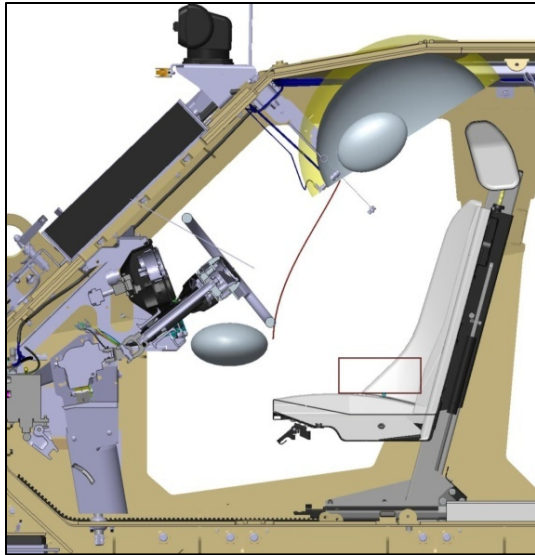


**Accommodation Model**

- Predicts population body boundaries
- Accounts for postural variability
- Goal: Accommodate central 90% of Soldiers

Model inputs: Soldier anthropometry and steering wheel position





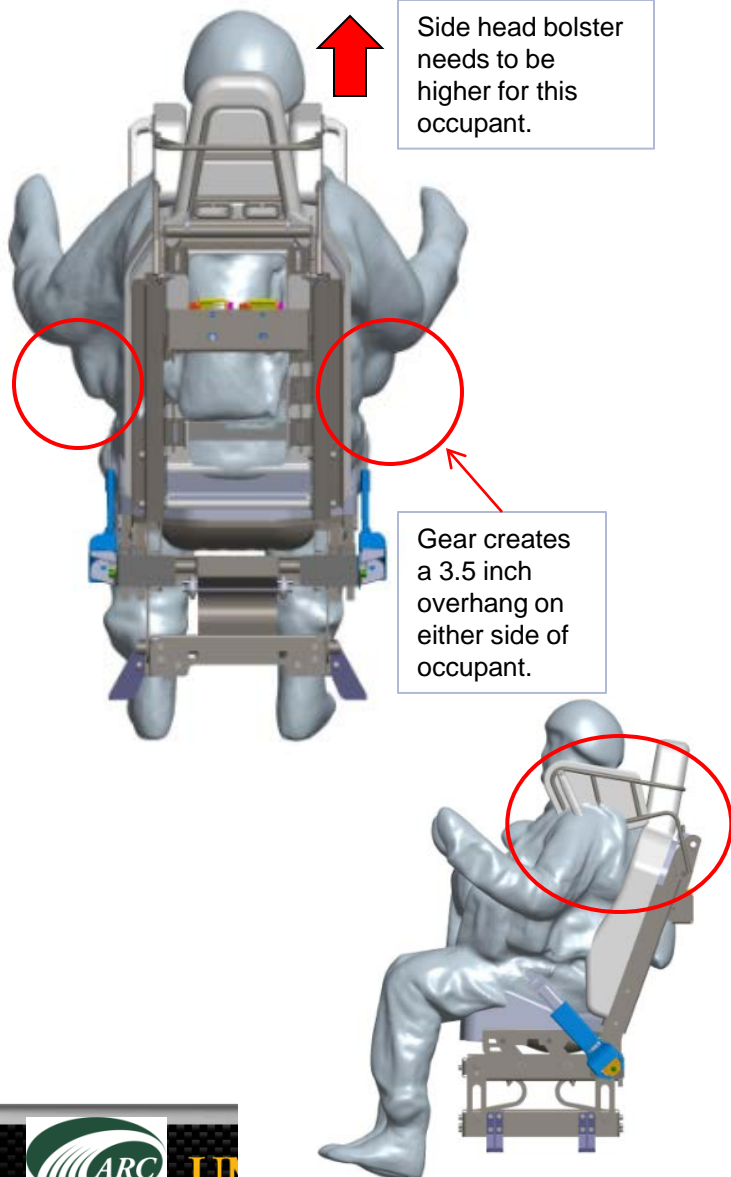
## Applications

- Models can be used in vehicle concepts to:
  - Provide realistic Soldier space claim around which to develop new vehicles
  - Evaluate integration of additional/replacement technologies in legacy vehicles
- Shown at top left is a legacy vehicle application for a new seat to accommodate the central 90% of Soldiers
- Shown at bottom left is a touch screen placement investigation based on the eyellipse

## Future Development

New models are needed to account for the following military driving conditions:

- Fixed eye (driver using vision blocks)
- Out-of-hatch
- Highly reclined (underbody blast protection)



## Applications – Technology Development

3D Scans are currently being used to design a seat to accommodate at least 90% of today's Soldier Population, with and without personal protective gear

## Future Development

- Incorporate body mass data and gear effects into 3D models that can be manipulated into the correct seating posture.
- Incorporate posture and shape information into models used for dynamic assessment.



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## Related Projects and Analyses

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### Underway:

- Implementing Tactical Vehicle Design Tools for Driver and Crew Stations
- Evaluation of the Seat Index Point Tool for Military Seats
- Measuring and Modeling the Effects of Encumbrance on Seated Reach
- Development of Driver Posture Prediction and Accommodation Models for Military Vehicles: Fixed Eye Point, Highly Reclined, and Out-of-Hatch Postures



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## Summary

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- The first large-scale study of Soldier posture and body shape in seated environments yielded data and models for a wide range of applications.
- Results are being integrated into both commercial tools (Siemens Jack model) and into TARDEC's internal design and assessment software.
- The design of the study and the models will allow the results to be reweighted to represent future Army populations
- The outcomes are already contributing to Army programs and will have increasing influence as the results are integrated into more tools and procedures.



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## Study Team and Collaborators

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## Acknowledgement

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# Backup Slides

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- Pilot testing has been conducted to compare SIP results with the SAE J826 H-point
- An initial conceptual design for a back angle probe is being tested.



SIP Tool  
J1163  
ISO 5353

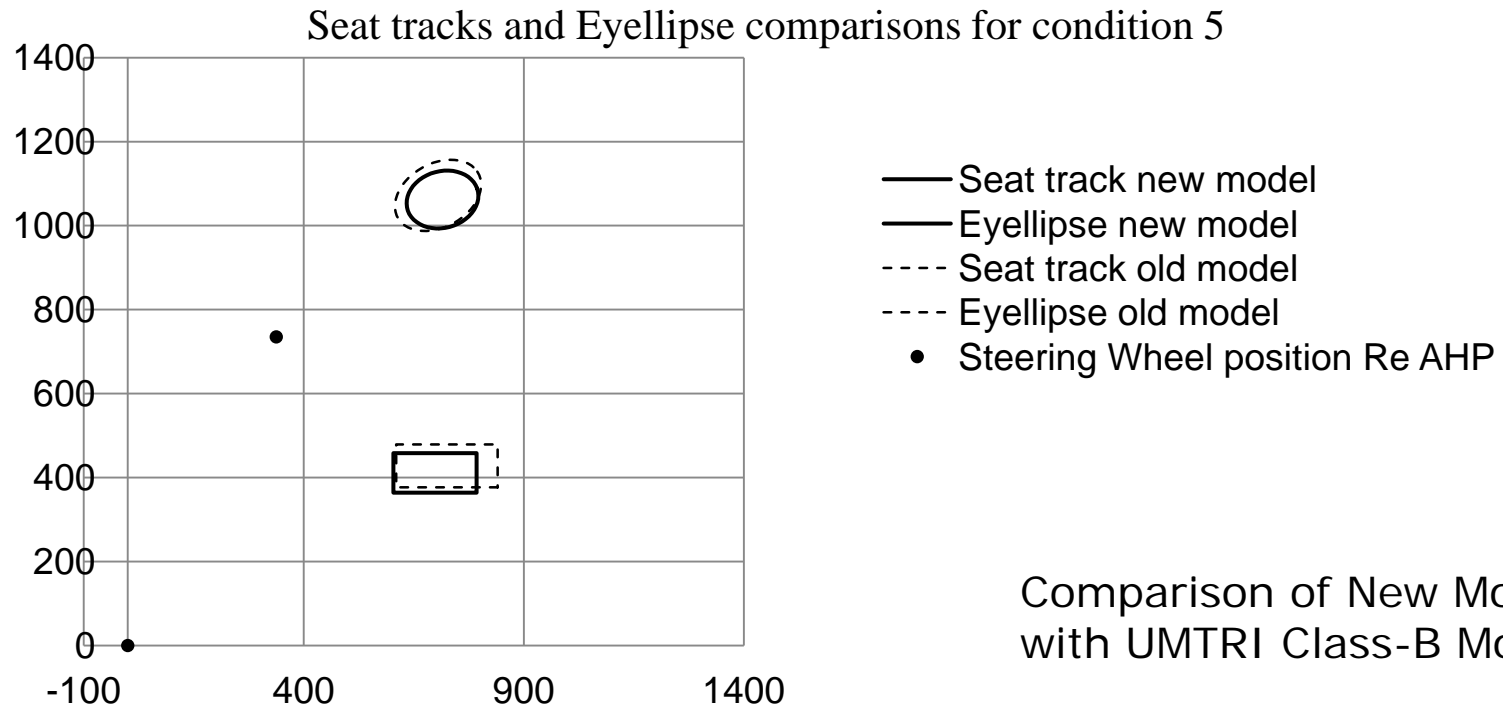


J826 H-point Manikin



Back Angle Probe Prototype

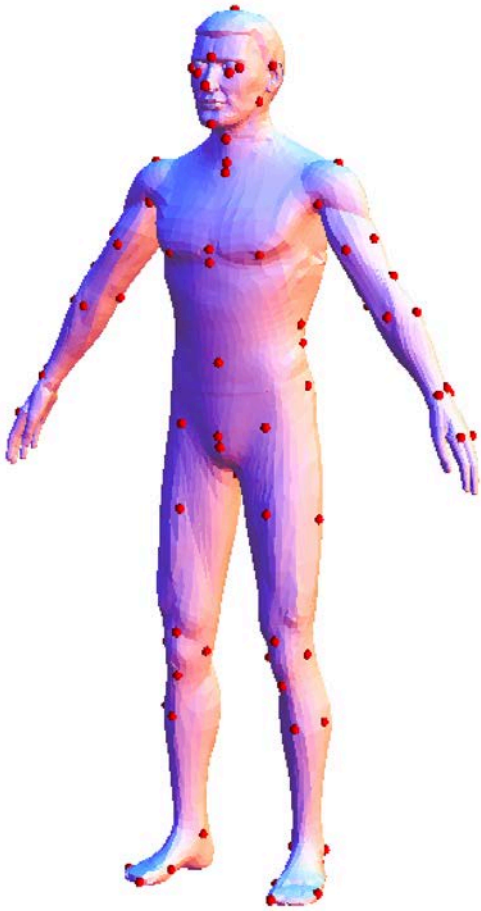
- Seating accommodation model predicts driver seat position distributions; used for locating seat track adjustment ranges
- Eyellipse predicts driver eye locations; used for vision analyses and locating displays



Comparison of New Models  
with UMTRI Class-B Models



For standing, we've used the mesh of a popular ergonomic model as a template to facilitate application of the results



Template



Data



Template Fit To Data



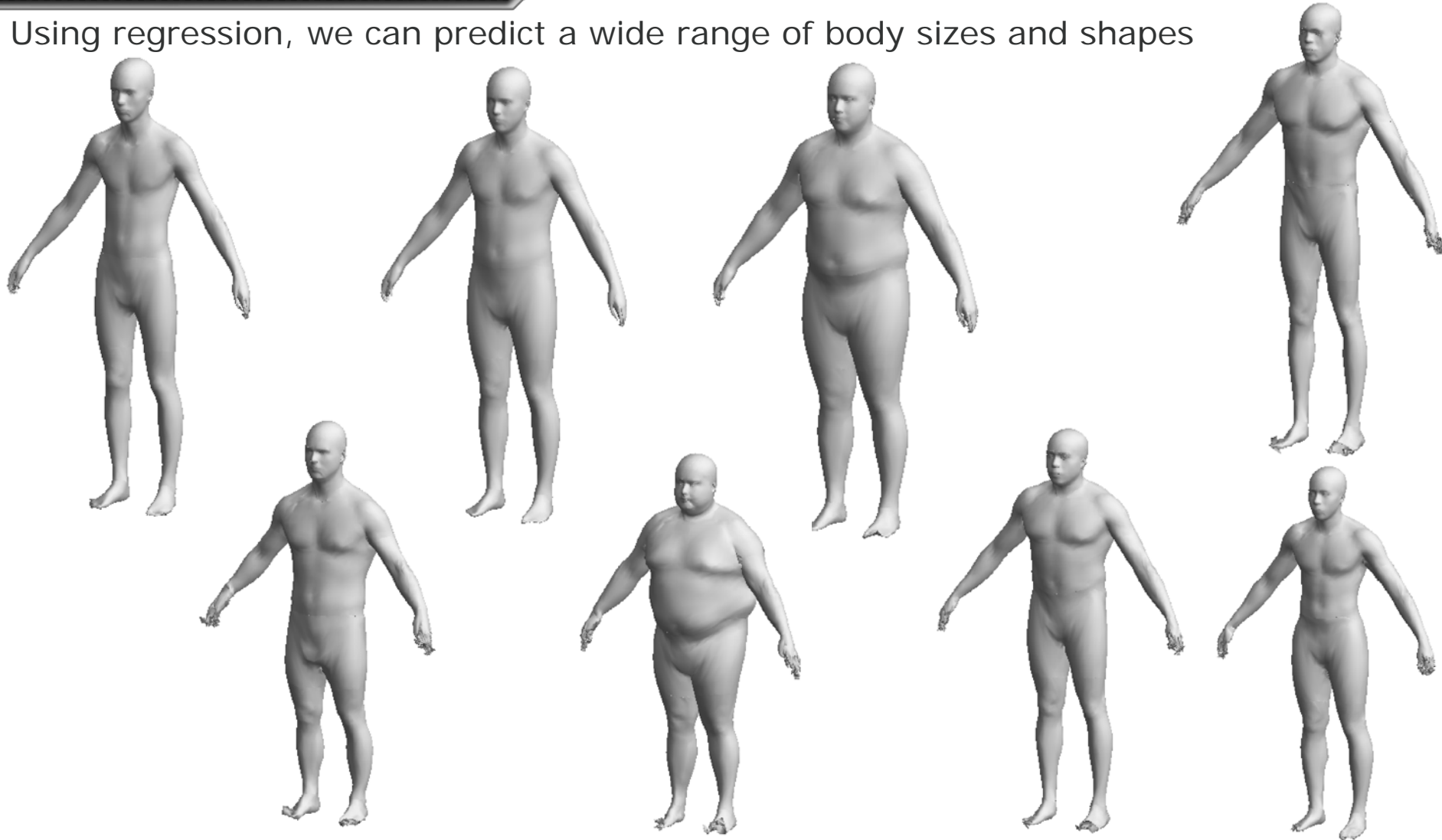
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# Body Shape Modeling

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Using regression, we can predict a wide range of body sizes and shapes



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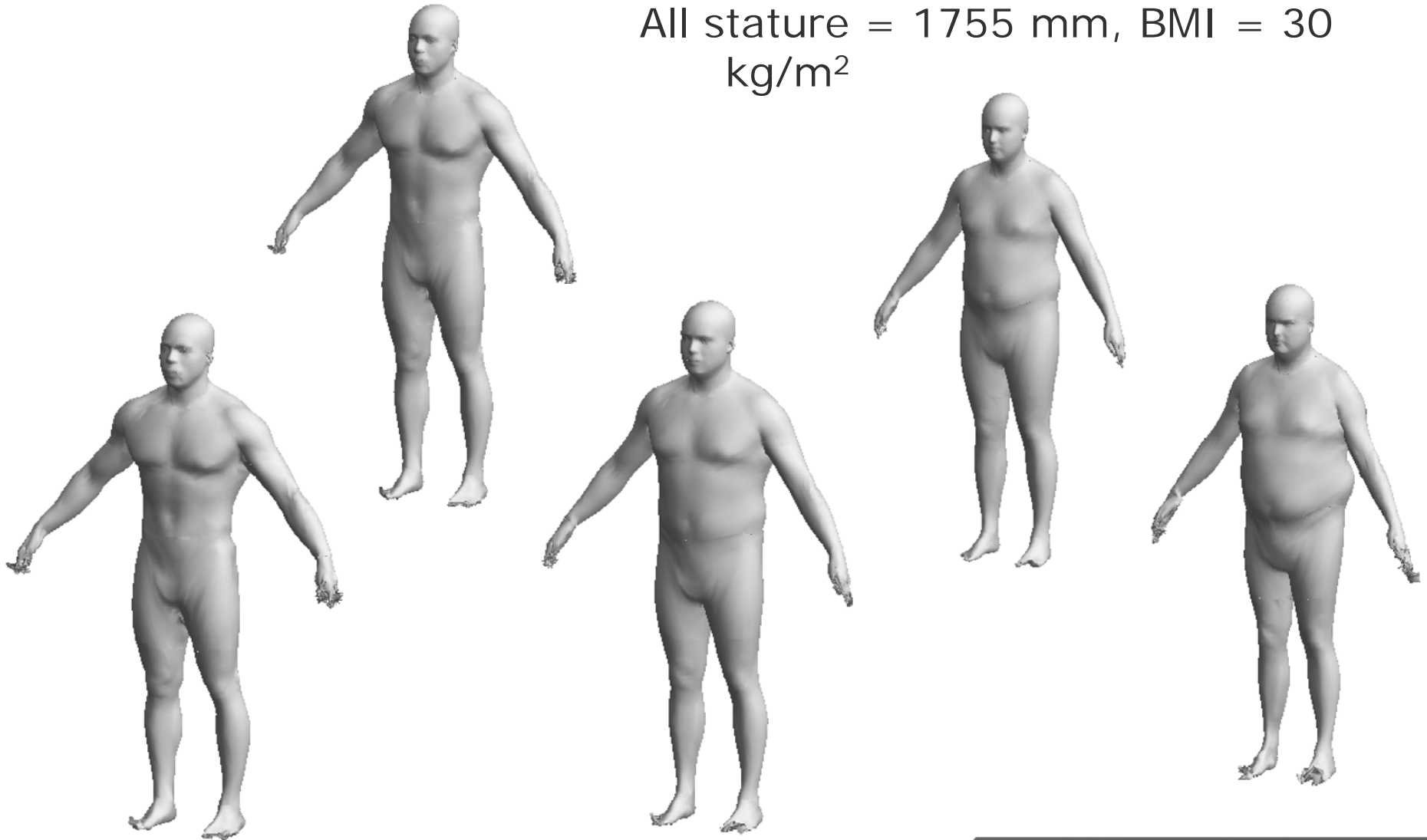
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## Body Shape Modeling

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All stature = 1755 mm, BMI = 30  
kg/m<sup>2</sup>



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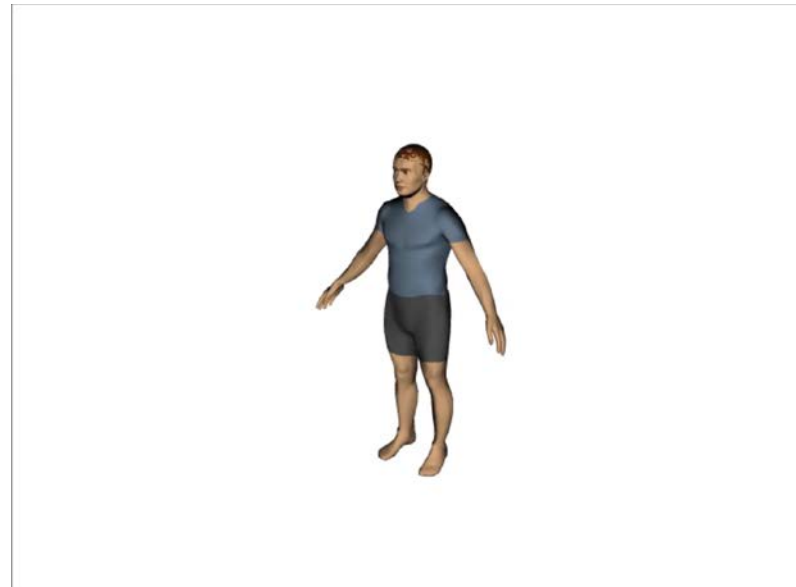
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## Commercial Implementation

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- Siemens is underway with integrating the male and female body shape models into the Jack human modeling software
- We are in discussions with Siemens about upgrades to their Occupant Packaging Toolkit to incorporate the new posture-prediction, seating accommodation, and eyellipse models. First estimate is that the new version will be available in May 2014.



Advanced Scaling  
Prototype in Jack